

CHD - COUNSELING (CHD)

CHD 000. Counselor Education Orientation. (0 credits)

All Counselor Education students are required to take this orientation as soon as possible following admission to the Counseling Program. The purpose of CHD 000 is to provide students with information concerning the use of technology, orientation to the library, the American Counseling Association Code of Ethics, and policies and procedures of the Counselor Education Program. A grade of S(Satisfactory) is given to students who complete the orientation. No credit hours are given for the course. (Fall, Spring, Summer)

CHD 001. Counseling Comprehensive Examination. (0 Credits)

Counseling Comprehensive Examination is a non-credit course that is required of both Clinical Mental Health Counseling and School Counseling majors. A comprehensive examination is required for graduation in each major, but School and Clinical Mental Health majors take different standardized comprehensive examinations. In most cases students should enroll in CHD 001 and take the comprehensive examination during their next to last semester/term of enrollment in the program.

CHD 600. Professional Identity and Ethics for Clinical Mental Health Counselors. (3 Credits)

A study of the history and current trends in Community Counseling; ethical and legal issues; professional counselor roles, standards and functions; professional organizations and credentialing practices. (Fall)

CHD 601. Research Methods & Program Evaluation in Counseling. (3 Credits)

A study of the methods and techniques generally used in counseling research and program evaluation. Emphasis is placed on understanding the research literature in the counseling profession. Students will become informed consumers of counseling and related research by studying research design, statistical methods, and critically analyzing published research.

CHD 602. Fundamentals of Counseling. (3 Credits)

Counselor and consultant characteristics and behaviors that influence helping processes; practice and application of essential interviewing and counseling skills; facilitation of self-awareness; ethical and legal considerations. Characteristics of fully functioning individuals will be emphasized. (Fall, Spring)

CHD 604. Human Growth and Development. (3 Credits)

An in-depth study of physical, mental, social, and emotional development from conception to death, with emphasis on age-levels generally encountered in school and community settings. (Fall)

CHD 606. Theories and Techniques of Counseling. (3 Credits)

A study of major counseling theories and related techniques and procedures; basic skills for individual counseling, developmental issues, values, and behavior for various population segments; counseling materials and resources; consultation; ethical and professional practices in counseling. (Fall)

CHD 608. Group Counseling. (3 Credits)

Introduction to group process and practice; forming and working with groups; group leadership skills; counseling special groups; group dynamics; ethical and professional issues in group counseling; laboratory experience in group techniques. Prerequisites: CHD 602 and 606. (Summer)

CHD 615. Social and Cultural Diversity in Counseling. (3 Credits)

Study of the issues and trends in a socially and culturally diverse society and special counseling considerations for groups who differ on factors such as age, race, religious preference, physical ability, sexual orientation, ethnicity, culture, family patterns, gender, socioeconomic status and intellectual ability.

CHD 621. Assessment in Counseling. (3 Credits)

Demonstration and practice in evaluating, selecting, administering, and interpreting standardized tests; introduction to various psychodiagnosis methods including the clinical interview, and objective personality inventories. Study of principles and purposes of assessment, origins and development of assessment, statistical concepts basic to assessment, and responsible use of data. Develops the basic skills for presenting assessment information in a professional setting. Relevant theoretical testing approaches are discussed. Special fee: \$30.00. (Spring)
Course Fees: \$30

CHD 625. Addictions Counseling. (3 Credits)

An overview of substance and behavioral addictions; models, theories, assessment, and treatment of addictive behaviors are explored. Interviewing skills that assess the severity of addiction and the receptiveness to treatment will be reviewed and practiced. Effective recovery and relapse prevention programs will be considered. Prerequisite: CHD 602.

CHD 631. Counseling for Career Development. (3 Credits)

Career development and adjustment theories; the world of work; organization of career resources and information; counseling for career planning and placement; ethical and professional practices. (Spring)

CHD 634. Wellness Counseling. (3 Credits)

A study of theoretical models and practices for wellness counseling and their application in counselor self-care and clinical mental health practices. Emphasis on cognitive, emotional, physical, social, and spiritual dimensions of wellness and promotion of optimal human development and wellness through prevention, education, advocacy, and behavioral healthcare intervention.

CHD 638. Crisis Intervention in Counseling. (3 Credits)

A study of crisis intervention strategies based on current theory and practice, including triage assessment, skillbuilding, cultural implications, and practical applications. Approaches that assist individuals, groups, organizations and communities to manage crises will be explored and practiced. Understanding of the short-term nature of crisis intervention, and how counselors work with first responders and others will be explored. Prerequisites: CHD 602.

CHD 641. Development and Management of School Counseling Programs. (3 Credits)

An examination of the organization and implementation of the counseling and guidance functions of school counselors. This course integrates the role of the school counselor with that of other instructional and administrative personnel in the public and private schools. (Summer)

CHD 642. Professional Identity and Ethics for School Counselors. (3 Credits)

A study of the history of the school counseling profession; ethical and legal issues in school counseling; professional school counselor roles, standards and functions; professional organizations and credentialing practices.

CHD 645. Child and Adolescent Counseling. (3 Credits)

A study of individual and group counseling approaches with children and adolescents, including play therapy, activity counseling, and peer helping; developmental issues/problems, (e.g. victims of abuse, ADD, substance abuse, eating disorders) affecting functioning of children and adolescents; and coordination, consultation, and referral practices. Prerequisites: CHD 602 and CHD 606. (Spring)

CHD 652. Special Topics in Counseling. (3 Credits)

Detailed examination of a specific topic in the field of Counseling. Topic will be determined prior to the scheduling of the course. CHD 652 may be taken an unlimited number of times if the special topic of each course differs from previous CHD 652 course completed.

CHD 655. Diagnosis and Treatment Planning in Counseling. (3 Credits)

A study and application of the principles of diagnostic approaches, emphasizing the multi-axial system of the current Diagnostic and Statistical Manual. Emphasis on diagnostic criteria, biopsychosocial assessment, case conceptualization, comprehensive treatment planning, diagnostic interviewing, developmental crises, and cultural considerations. Prerequisites: CHD 602 and CHD 606. (Spring)

CHD 656. Contemporary Practices in Clinical Mental Health Counseling. (3 Credits)

Seminar designed to provide in-depth study of topics and modalities relevant to clientele served by mental health agencies and other human services organizations. Emphasis on serving individuals, couples, families, groups, and other systems with crisis, brief, intermediate, or long-term approaches. Assessment of community needs and agency resources to facilitate the development, implementation, and assessment of program development and service delivery. (Summer)

CHD 661. Family Counseling. (3 Credits)

A study of family counseling models, including study of family systems and major family theoretical approaches; interactional patterns of the individual and the family through various stages of the life cycle; and contemporary individual and family issues. Prerequisites: CHD 602. (Fall)

CHD 678. Practicum in Counseling. (3 Credits)

Supervised laboratory and field experiences for advanced majors. Emphasis placed upon the application of concepts, skills, and principles learned in previous coursework. Enrollment with permission of instructor. Prerequisites: CHD 600 or 642; and CHD 602, CHD 606 and CHD 608. (Fall, Spring, Summer)

Course Fees: \$30

CHD 679. Continued Enrollment. (1-3 Credits)

CHD 688. Internship in Counseling. (3 Credits)

Supervised experience in a school or community setting under the cooperative direction of a qualified counselor and the university instructor. Experiences to include individual and group counseling, consultation, assessment, and other typical counselor duties as practiced in the internship site. Prerequisite: CHD 600 or CHD 642; and CHD 602, CHD 606, CHD 608, and CHD 678. Enrollment with the approval of instructor only. (Fall, Spring, Summer)

CHD 689. Internship in Counseling. (3 Credits)

Supervised experience in a school or mental health setting under the cooperative direction of a qualified counselor and the university instructor. Experiences to include individual and group counseling, consultation, assessment, and other typical counselor duties as practiced in the internship site. Prerequisites: CHD 600 or CHD 642; and CHD 602, CHD 606, CHD 608, and CHD 678. Enrollment with the approval of instructor only. (Fall, Spring, Summer)

CHD 690. Advanced Applications in Clinical Mental Health Counseling. (3 Credits)

Application of knowledge, skills, and practices within a clinical mental health counseling setting. Experiences to include the following: conducting intake interviews, mental status evaluations, and biopsychosocial and mental health histories; comprehensive case conceptualization and treatment planning that integrates counseling and developmental theories, differential diagnosis and assessment, evidence-based practices, outcome measures, cultural context, wellness models, and scope of services; client and systems advocacy; and clinical supervision with peers. Prerequisites: CHD 600 or CHD 642; and CHD 602, CHD 606, and CHD 608. Prerequisite or Corequisite: CHD 678. (Fall, Spring)

CHD 693. Supervised Individual Study in Counseling. (3 Credits)

Provision of a thorough theoretical and practical foundation for the student pursuing an approved project or working in a specialized counseling context. Concurrent study and professional involvement in a position requiring substantial responsibility and innovation. Project individually arranged in conjunction with student, instructor, and on-site supervisor. May involve the writing of a proposal plan, evaluation instrument, and/or needs assessment.

CHD 779. Continued Enrollment. (1-3 Credits)