

# ACCELERATED MASTER'S PROGRAM IN EXERCISE SCIENCE AND HEALTH PROMOTION

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To apply: <https://www.una.edu/graduate/amp/abmp-application.html>

## Through the Accelerated Master's Program (AMP), students can:

- Take up to 9 credit hours of approved graduate courses concurrently with undergraduate courses.
- Substitute up to 9 credit hours of approved graduate courses (in place of undergraduate courses) toward completion of the undergraduate degree.

## Requirements for Admission to the AMP in Exercise Science and Health Promotion:

- \*Completion of 60 or more hours toward undergraduate degree.
- Overall GPA 3.0 (4.0 scale) or higher in all undergraduate coursework at time of entry into AMP.
- A or B on all coursework in a Kinesiology (or acceptable) major.
- Favorable vote by Department of Kinesiology (two-thirds vote).
- Approval by Chair of Department of Kinesiology.

\*Transfer students who have successfully completed at least 60 undergraduate hours are eligible after completing a minimum of 9 hours in a major offered in the Kinesiology Department.

## Requirements for Continued Enrollment in the AMP:

- Students must maintain a 3.0 or higher with no grades lower than "C" in all courses following admission to the AMP.

## Advantages:

- Enhanced credentials (accepted into and completed the UNA AMP).
- Students complete their Bachelor's degree having already completed 3 - 9 credit hours applicable toward their Master's degree.
- Students can complete the BS and MS degree in a total of 5 years.

Following approval into the AMP in Exercise Science and Health Promotion, qualified students can take up to 9 hours from the following courses:

Code	Title	Hours
HPE 503	Essentials of Prescribing Resistance Training	3
HPE 510	Health Promotion	3
HPE 596	Cardiopulmonary Rehabilitation and ECG Interpretation	3
HPE 600	Research Methods	3
HPE 638	Stress Management	3
HPE 639	Epidemiology and Prevention of Chronic Diseases	3
HPE 644	Integrative Health Coaching	3
SRM 665	Risk Management in Sport & Recreation Management	3
SRM 675	Legal Issues in Sport and Recreation Management	3