

ACCELERATED MASTER'S PROGRAM IN EXERCISE SCIENCE AND HEALTH PROMOTION

To apply: <https://www.una.edu/graduate/amp/abmp-application.html>

Through the Accelerated Master's Program (AMP), students can:

- Take up to 9 credit hours of approved graduate courses concurrently with undergraduate courses.
- Substitute up to 9 credit hours of approved graduate courses (in place of undergraduate courses) toward completion of the undergraduate degree.

Requirements for Admission to the AMP in Exercise Science and Health Promotion:

- *Completion of 60 or more hours toward undergraduate degree.
- Overall GPA 3.0 (4.0 scale) or higher in all undergraduate coursework at time of entry into AMP.
- A or B on all coursework in a Kinesiology (or acceptable) major.
- Favorable vote by Department of Kinesiology (two-thirds vote).
- Approval by Chair of Department of Kinesiology.

*Transfer students who have successfully completed at least 60 undergraduate hours are eligible after completing a minimum of 9 hours in a major offered in the Kinesiology Department.

Requirements for Continued Enrollment in the AMP:

- Students must maintain a 3.0 or higher with no grades lower than "C" in all courses following admission to the AMP.

Advantages:

- Enhanced credentials (accepted into and completed the UNA AMP).
- Students complete their Bachelor's degree having already completed 3 - 9 credit hours applicable toward their Master's degree.
- Students can complete the BS and MS degree in a total of 5 years.

Following approval into the AMP in Exercise Science and Health Promotion, qualified students can take up to 9 hours from the following courses:

| Code | Title | Hours |
|---------|---|-------|
| HPE 503 | Essentials of Prescribing Resistance Training | 3 |
| HPE 510 | Health Promotion | 3 |
| HPE 596 | Cardiopulmonary Rehabilitation and ECG Interpretation | 3 |
| HPE 600 | Research Methods | 3 |
| HPE 638 | Stress Management | 3 |
| HPE 639 | Epidemiology and Prevention of Chronic Diseases | 3 |
| HPE 644 | Integrative Health Coaching | 3 |
| SRM 665 | Risk Management in Sport & Recreation Management | 3 |
| SRM 675 | Legal Issues in Sport and Recreation Management | 3 |