

# CNH-CULINARY/NUTRITION/ HOSPIT (CNH)

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## **\*Course Fees are Per Credit Hour**

### **CNH 1XX. Cul/Nutrition/Hosp Elective. (1-3 Credits)**

#### **CNH 230. Culinary Math. (3 Credits)**

Introduction to principles of culinary computations. Foundational knowledge of principles and techniques for calculating the cost of producing and serving food items; and pricing, to be profitable.

Course Fees: \$60

#### **CNH 337. Nutrition Assessment. (3 Credits)**

This course introduces the student to nutrition assessment, the first step in the nutrition care process. The 5 domains of nutrition assessment:

1) Food/Nutrition Related History, 2) Anthropometric Measurements, 3) Biochemical Data, Medical Tests, and Procedures, 4) Nutrition-Focused Physical Findings, and 5) Client History are discussed in this course.

Case studies and labs are incorporated into the course. Prerequisite:

CNH 342 and HPE 235. Medical Terminology. (Fall, odd number years)

Course Fees: \$100

#### **CNH 342. Nutrition. (3 Credits)**

This course explores the science of nutrition and the relationship to health. Principles introduced in the course include dietary guidelines, macronutrients, micronutrients, and specialized diets for various populations and health conditions. (Fall, Spring, Summer on sufficient demand)

Course Fees: \$100

#### **CNH 342H. Nutrition-Honors. (3 Credits)**

An in-depth study of food requirements for different individuals, nutritive values of food, diet planning, and the relation of food to positive health.

Prerequisite: Admittance into the UNA Honors College . (Fall, Spring)

Course Fees: \$100

#### **CNH 369. Special Course. (1-6 Credits)**

Course number reserved for special courses offered from time to time in response to special circumstances. The courses are discipline specific with variable credit and when offered, they are identified by department content and credit.

Course Fees: \$60

#### **CNH 389. On-Campus Internship. (3 Credits)**

Course Fees: \$60

#### **CNH 479. Continued Enrollment. (1-3 Credits)**

Course Fees: \$60