

# FS - FAMILY STUDIES (FS)

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## **\*Course Fees are Per Credit Hour**

### **FS 401. Family Life Education. (3 Credits)**

The purpose of the course is to increase students' understanding of the unique issues that children, youth, and families face and to help them to identify and apply appropriate research-based curricula that will help improve the quality of life of the families they serve. Students will become familiar with how to identify quality research based programs, establish program goals, implement quality family life education programs, and evaluate programs for effectiveness. Prerequisite: SO 223 OR WS 223 – Marriage & Family AND 3 additional credits of a CFLE approved course. Course Fees: \$60

### **FS 440. Theories of Family Dynamics. (3 Credits)**

This course examines the structure and function of the family, including processes by which families deal with change, stress, and conflict. It includes an examination of the current theories used in family research and the strengths and limitations of each theory in explaining family life. Course Fees: \$60