FS - FAMILY STUDIES (FS)

FS 224. Introduction to Child Life and Family Studies. (3 Credits)
A study of children and families which focuses on the changes in families over time and the implications of those changes. Also examined are the socio-cultural issues that impact family development, structure and function. Attention is given to understanding the development of children and teens in the context of the family and other settings including medical. Additional topics covered include assessment, preparation, play, coping, family-centered care, and grief and loss within the family. This course fulfills the requirement set by the Child Life Council for the Certified Child Life Specialist. Also listed as SO 224 but creditable only in field for which registered.

FS 401. Family Life Education. (3 Credits)
The purpose of the course is to increase students' understanding of the unique issues that children, youth, and families face and to help them to identify and apply appropriate research-based curricula that will help improve the quality of life of the families they serve. Students will become familiar with how to identify quality research based programs, establish program goals, implement quality family life education programs, and evaluate programs for effectiveness. Prerequisite: SO/WS 223 — Marriage & Family AND 3 additional credits of a CFLE approved course.

FS 440. Theories of Family Dynamics. (3 Credits)
This course examines the structure and function of the family, including processes by which families deal with change, stress, and conflict. It includes an examination of the current theories used in family research and the strengths and limitations of each theory in explaining family life.